



DIDGERIDOO

UNIVERSITY

DidGe 101 - Distance Education + optional meet ups arranged locally

Selecting the right didgeridoo for you
Playing your didgeridoo
Recirculation breathing exercises
Using your voice and didge simultaneously
Playing with others
Brainwave patterns of relaxation states

About your didgeridoo instructor: Bob Zauner played the didgeridoo for the first time in Sedona, AZ where he was given a didgeridoo after participating in a workshop with a master didge player in 1994. Even though he played it on occasion, it was not until 2001 that he discovered recycle breathing on his own. He has played at many events on Kaua'i, in Florida, and once at Bella Sky, Copenhagen. He lives in Denmark and has a thriving telecoaching practice www.bobzauner.dk

Didgeridoo and health: <https://www.spiritgallery.com.au/didgeridoo-health>

Dreamtime is “the beginning that never ends”:
<https://www.aboriginal-art-australia.com/aboriginal-art-library/aboriginal-dreamtime/>

Livestream: https://bobzauner-dk.cleeng.com/didgeridoo-university/E586073417_DK